

What's on at the Mount Stuart Memorial Hall		Time	Room
TAI CHI	Sue Naden Ph 6228 2435	Mondays 10:30am to 11:30 am	Dance Hall
KARATE	Kimekai Karate Tasmania Ph 0497 069 949 www.facebook.com/kimekai.tas	Mondays 4:45pm to 7:45pm Tuesdays 4:30pm to 8:00pm Fridays 4:45pm to 7:45pm	Dance Hall
WILD GOOSE - CHEE GONG Healing system from China for all levels of flexibility	Wendy Hartshorn STRENGTH ENERGY strengthenergy@netspace.net.au 0437 030 767	Mondays 6 pm to 7:15 pm	Annexe
ZUMBA	Reny Vovou Ph 0419 132 036	Mondays 6:30pm to 7:30 pm	Supper Room
LADIES BADMINTON	Vicki Martin Ph 6228 3228	Tuesdays 10:00am to 12:00pm	Annexe
YOGA: OPEN Beginner and continuing	Ann Sparks ambika1008@gmail.com Ph 0428 842 144	Tuesdays 11:00am to 12:30pm	Supper Room
SOPATAS A group drumming class that combines rhythm and movement	Phillip Campbell School of Percussive Arts info@sopatas.com / www.sopatas.com Ph 0447 002 589	Tuesdays 7:00pm to 8:00pm	Annexe
DANCE FOR FITNESS	Reny Vovou Ph 0419 132 036	Wednesdays 1:00pm to 2:00pm	Supper Room
JOEY SCOUTS CUB SCOUTS SCOUTS	Mount Stuart Scout Group http://mtstuartscouts.org	Wednesdays 5:30pm to 6:30pm Thursdays 6:30pm to 8:00pm Wednesdays 6:45pm to 8:45pm	Annexe Annexe Annexe
PILATES	Karen Leary Ph 0409 987 839	Wednesdays 7:00pm to 8:00pm	Dance Hall
LIFE BE IN IT	Tom Davies Ph 6229 5600 or 0438 576 498 lifebeinit.vic.tas@bigpond.com	Wednesdays 9:30am to 10:30am	Annexe
PILATES	Fiona Poke fionapoke@gmail.com 0401 926 221	Thursdays 5:45pm to 6:45pm	Supper Room
BALLROOM DANCING	Sherry Lendrum Ph 6225 5095	Thursdays 4:30pm to 5:30pm	Dance Hall
COMMUNITY MEETINGS Residents welcome	Mount Stuart Residents Inc Mount Stuart Hall Inc	4th Thursday Monthly at 7:45pm	Supper Room
YOGA: EXPERIENCED 4 x 10 week terms	www.yogainhobart.com	Fridays 9:30am to 11:00am	Supper Room
WILD GOOSE - CHEE GONG Healing system from China for all levels of flexibility	Wendy Hartshorn STRENGTH ENERGY strengthenergy@netspace.net.au 0437 030 767	Fridays 10:am to 11:00am	Annexe
FAITH BAPTIST CHURCH	www.faithbaptisttasmania.org contact@faithbaptisttasmania.org 0427 623 161 or 0409 766 743	Sundays 10:00am followed by shared lunch at 12:30pm	Annexe and Supper Room
5 RHYTHMS DANCE Movement Meditation Experience yourself in motion	Deva O'Wheel devaowheel@hotmail.com 0402 228 321	Sundays 2.30 - 4.30 pm Every fortnight starting 19 June	Supper Room