

MOUNT STUART NEWS

APRIL 2021

Annual General Meetings for Mount Stuart Residents Inc. and Mount Stuart Hall Inc.

Thursday 22nd April at 7:45pm in the Mount Stuart Hall

The time for our AGMs has come around quickly, because they were delayed until September last year due to COVID-19 restrictions. All residents of Mount Stuart are members of the two associations, so you are warmly invited to come and be part of this event. You are also invited to consider nominating yourself or someone else for the committees.

Guest Speaker Lauren Jakob

After brief meetings, we will be addressed by Lauren Jakob, University of Tasmania honours student whose work in the Knocklofty Reserve is summarised in the article on this page.

At the AGMs we elect the president, secretary, treasurer and public officer – and up to nine other committee members. At present there are several vacancies. The two committees – for the community association Mount Stuart Residents Inc. and for the Hall administration – meet on the same evening and usually have the same membership.

Nomination forms will be available at the Hall before the meeting, or can be found under Annual General Meetings on the home page of the Mount Stuart website: www.mountstuarttas.org.au

For more information please contact the secretary, Stewart Gardner: secretary@mountstuarttas.org.au

Knocklofty's Wildlife Surprises

A new study of wildlife populations in Mount Stuart's backyard – Knocklofty – has revealed a surprising presence of Tasmanian devils, barred bandicoots and eastern quolls.



The study by University of Tasmania honours student Lauren Jakob (pictured) is based around a camera trap survey using 40 cameras placed across Knocklofty and west into Cascade reserve, the goal of which was to find out how native wildlife responds to visits by cats and dogs, and human disturbance in bush-edge reserves.

First outlined to the Friends of Knocklofty Bushcare group earlier this month, the study findings will be detailed in a presentation by Lauren after the Mount Stuart AGMs at the Mount Stuart Hall on the 22nd. See details of the meetings on this page.

For more information on Knocklofty's fauna, including recorded bird species, go to <http://friendsofknocklofty.org/>

Monthly Mount Stuart Recycling Drop-Off for Residents

The first Saturday of the month from 10am to midday

From 1st May, Mount Stuart Residents Inc. is commencing a first Saturday of the month collection point in the Hall from 10am to midday. Residents can personally deposit specified recyclable items that are not collected by Hobart City Council recycling bins and would otherwise require a special trip to get to collection points for recycling or reuse.

The items we will collect are:

1. Batteries (but not lead acid or car batteries)
2. Light globes
3. Mobile phones
4. Reusable CDs and reusable DVDs
5. Dental products, i.e. tubes and brushes
6. Bread tags
7. Writing implements such as pens and textas.

We will either take these to the waste transfer station or Tip Shop at McRobies Gully, South Hobart or post to Terracycle interstate, who will reuse them or their components.

We will run the program till the end of the year, and with your support, into the future. So please bring along any of the above items that have been sitting around at the back door for too long – or start collecting rather than throwing them away.

Any questions? Please contact Stewart Gardner at secretary@mountstuarttas.org.au
Or drop into the Hall at 10am on Saturday May 1st.

FOGO – Food Organics and Garden Organics – Bins

This is a reminder not to put food waste in your standard (red or dark green lid) garbage bin. Food waste should be put in the FOGO bin, which is the bin with the green lid. Do not put any plastic bags in the bin. If you feel you need to wrap your food waste, use biodegradable paper only.



Cr Anna Reynolds

Working for your community

Please don't hesitate to call or email me if I can assist you with Council matters, or to sign up for my monthly community email newsletter.

cr.reynolds@hobartcity.com.au

0423 222 149

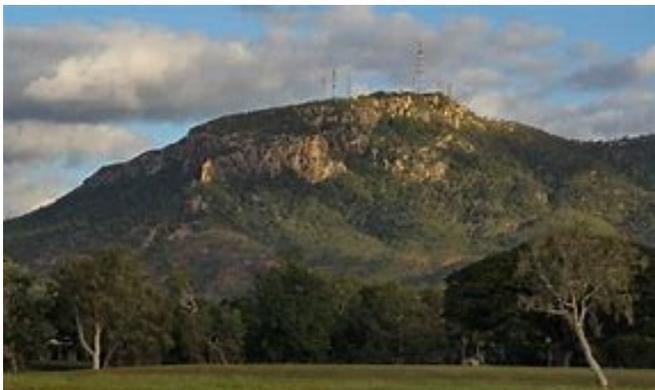
55 Mount Stuart Road – The Ongoing Saga

No doubt you have all seen the units which have sprung up at 55 Mount Stuart Road. You may also be interested to know that one of the developers, Darko Krajinovic, was in the Magistrates Court in early February on charges of removing heritage footings. Magistrate Jackie Hartnett has advised she will hand down her decision on April 15th.

We Are Not Alone

We're not alone! In these times of limited travel, it's interesting to be aware of other places around Australia that share the name 'Mount Stuart' with our suburb.

In Queensland: just west of Townsville, Mount Stuart (elevation 584m) offers panoramic views of the city and Magnetic Island. Unfortunately, it does not have the advantage of wonderful walking trails like those we have above our suburb. You can drive to the top, but if you want to walk you have to follow the steep roadway.



In the Northern Territory: many people travelling the Stuart Highway between Alice Springs and Darwin have seen the marker for Central Mount Stuart (elevation 846m), located on the traditional lands of the Anmatyerre people. In 1860, the explorer John McDouall Stuart named the peak 'Central Mount Sturt' after Charles Sturt, the former leader of his expedition. It was later changed to 'Central Mount Stuart'. The peak was then thought to be at the geographical centre of Australia, although present-day geoscientists do not agree.



In Western Australia: Mount Stuart Station is on the lonely Nanutarra-Wittenoom road through the Pilbara. There is a convenient free camping spot and an iron mine nearby. The PKKP Aboriginal Corporation was granted Native Title over much of the station in 2015.



In New South Wales: There's another Mount Stuart Station 10km from Tibooburra, in the far northwest of the state. It's great outback country but the 'mount' bit is hard to identify in this photo! Interestingly, it's not far from 'Mount Sturt', named after Charles Sturt.



Can you tell us about other Australian locations that bear the 'Mount Stuart' name?

Wellness and Yoga

My name is Clare Sullivan and my work has always had food and the body at its centre. I offer new tools for those wanting to change their approach to food, a change based on restoring kind and compassionate care for self. This holistic approach to wellness comes from a wide-ranging knowledge and experience including dietetics, yoga, mindfulness meditation, self-compassion, and cognitive behaviour therapy.

I am offering two courses: Wellness Coaching and Yoga Slow and Gentle. See the ad on this page for details. I can work with you one-to-one or as part of a group.

Wellness Coaching is about inspiring people to transform their relationship with food and their body. The media can overwhelm us with information and images about what we 'should' eat and how we 'should' look. The result is many people have lost confidence in the food choices they make and they use food for reasons other than nourishment and enjoyment. Please contact me before the course starts to make sure it is what you are looking for.

The Yoga Slow and Gentle classes are suitable for everyone, including beginners. Yoga Slow and Gentle creates resilience and calm - reducing anxiety and fatigue.

Tuesday Morning Badminton

10am - 11:30am

New ladies welcome to join for some exercise and fun.

Contact Vicki Martin 0468 452 115 or email vmartin_hobart@icloud.com.

For Sale

Insulation: Gyprock R5.0 Ceiling Batts
1160mm x 580 mm 10 packs of 8 batts. Surplus to hall renovations. \$600 ono.

Contact Eric Pinkard on 0409 285 743



"I am available anytime by phone or email to discuss current legislation or assist with any government issues you may have"

Hon. Rob Valentine MLC

Your *Independent* Member for Hobart

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Wellness Coaching & Yoga

Starting in April

Wellness - inspiring transformation
in your relationship with food

Yoga - slow, gentle yoga; designed to
build a home practice if wish

Wellness

Tuesday 13th, 6 weeks
7.30 - 9.00pm

Yoga

Wednesday 14th, 6 weeks
10 am - 11.15am
Bring - mat and blanket

**FOOD
& BODY**
Australia

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Contact: Clare Sullivan
0478 035 415

Mount Stuart News is composed, printed and published on a voluntary basis as a community service. We do our best to be accurate, but if you rely on this information you do so at your own risk.

Thank you to all our contributors and deliverers of the newsletter.