

MOUNT STUART NEWS

NOVEMBER–DECEMBER 2022



*Christmas Carols
in Mount Stuart*

Sunday 18th December 2022

Mount Stuart Hall

From 5:30pm – with carols from 6:30pm

Residents young and old, are invited to picnic on the lawns before the carols. Bring a cushion/mat & enjoy a free sausage and a coffee from Loui's Van.

*A family friendly community event
brought to you by
Mount Stuart Residents Inc.*

SUPPORTED BY

 City of **HOBART**

Mount Stuart Christmas Carols are Back!

After the COVID-19 interruption, our popular local carols night returns on 18th December. Bring your picnic and your water bottle. The Scouts will be there with free sausages and will also run some activities in the playground from 5:30pm. Loui's Van will dispense coffee – free, but donations are welcome.

Inside, from 6:30pm, we will join in carols including a bracket accompanied by the Fuchsia House Ukulele Players and traditional carols led by the usual skilled musical quartet. Students from Mount Stuart Primary School will again present items too.

Please follow the current government COVID-19 guidelines.

BUILDING BETTER BONES

A Natural Approach to Osteoporosis and Osteopenia
- Yoga, Nutrition and Lifestyle

6 week course to prevent bone loss and restore bone density.

YOGA - Alignment, Balance, Movement

NUTRITION - Food Choices, more than calcium and vit D

LIFESTYLE - Tips for Better Sleep, Relaxation and more



Individual Approach within a small group

Wednesday 11.00-12.30
Saturday 9.30-11.00 (Sandy Bay)

CLARE SULLIVAN

Non-Diet Dietitian & Yoga Therapist
www.buildingbetterbones.com.au
0478035415

Wildlife Signs

Wildlife is at constant risk from traffic in the Mount Stuart area. The Residents Association has been lobbying the Council for some signage on our roads, with no results yet.

Another option is for residents to purchase signs to display on their properties as a way to educate drivers to be mindful and slow down.

These can be purchased from the Friends of Summerleas Wildlife group, through Facebook. Signs measure 600 x 900 x 5mm, are on printed corflute board and can be purchased for \$16 each. There are a variety to choose from.



"Season's Greetings to all in Mount Stuart. Best wishes for a happy Christmas together with family and friends; also for a safe & peaceful New Year as we bid farewell to 2022.

"I am available anytime by phone or email should there be government issues with which I can assist."

Hon. Rob Valentine MLC

Your *Independent* Member for Hobart

Office: 03 6212 2344

Email: rob.valentine@parliament.tas.gov.au

Mobile: 0418 127 323

Website: www.robvalentine.com.au

Mount Stuart Memorial Hall Continual Improvement

Over the past two years, the Hall committee has carried out some improvements to the Dance Hall, the biggest of our three halls.

First, we replaced the plasterboard ceiling tiles, which were well past their use-by date. The new acoustic tiles improve the acoustics of the Hall dramatically. LED lights with a control panel, installed in the new tiles, provide coloured light options.

Insulation batts were installed over the new tiles and the plaster ceilings at each end of the Hall, and the ceilings were painted, followed by repainting of walls and interior window frames and surrounds.

The next major task was to resurface the floor. This took place in the July school holidays to minimise disruption to tenants. The contractor managed to meet our tight deadlines.

We have arranged to tint the windows in early December. Finally, the fluorescent lights will be replaced with LEDs.

If you are interested in hiring that space or either of the other two areas, contact the Booking Officer, Gwen Vonk, on 0438 221 499.

Tuesday Morning Ladies' Badminton

10:00–11:30am each Tuesday

Come and join this group for exercise, a hit and giggle!

Phone Vicki Martin – 0468 452 115

Final Recycling Morning at Mount Stuart Hall

After starting in early 2021 the final Saturday recycling collection is occurring on 3rd December from 10am to midday.

We would like to thank all the people who have visited to take advantage of the collection service and to say we have enjoyed meeting lots of residents and having interesting conversations including hearing frustrations and obstacles people have encountered with regard to recycling. Clearly there is a long way to go, but don't 'let the perfect get in the way of the good'.

Please continue to support the increasing number of businesses that provide collection opportunities, as well as making use of Hobart City Council's collection centres and its A to Z recycling resource:

<<https://www.hobartcity.com.au/Residents/Recycling-and-rubbish/Reuse-recycle-and-dispose-A-Z>> which gives locally applicable information. I would also like to acknowledge Jeff Holmes from the HCC for his support in establishing this service, and for providing advice to us.

Stewart Gardner

Valley Street Bushcare Group

Join us from 1:00–2:00pm on the first and third Tuesdays of the month (February to December) and share a hot drink and snack afterwards.

We are working hard to get rid of forget-me-nots, onion weed, gorse seedlings, etc. And we are planting native grasses and shrubs with the great help of the Mount Stuart Scouts. Have you noticed the planting in Providence Gully?

Extra help is always appreciated. Contact Vicki Martin on 0468 452 115.



Christmas Tree Sales

Lenah Valley Volunteer Fire Brigade will be selling Christmas trees at their premises, 56 Kalang Ave, Lenah Valley, on Saturday 3rd and 10th and Sunday 4th and 11th from 9:00am to 4:00pm unless sold out. Get there early so you don't miss out.

To Scoot or not to Scoot?

The Hobart City E-scooter trial will complete its twelve-month trial in December 2022. The Council advertised a survey in mid-2022 (which is now closed), responses to which will help HCC officers produce a report for the elected councillors to consider.

There are clearly differences of opinion about e-scooters but it is the negatives that gain public attention, including by residents contacting Mount Stuart Residents Inc, although e-scooters should have a positive role to play in hilly suburbs.

Although the formal survey above has closed, you are still able to give your feedback to the HCC through coh@hobartcity.com.au.

If you feel strong and have a reasonable arm reach the easiest way to move an obstructing scooter is to lift at the rear of the back wheel mudguard while balancing the scooter upright by holding the top of the handlebar shaft, so that the scooter can be wheeled on the freely rotating front wheel only. Don't be surprised if the scooter speaks briefly to warn about not damaging it!



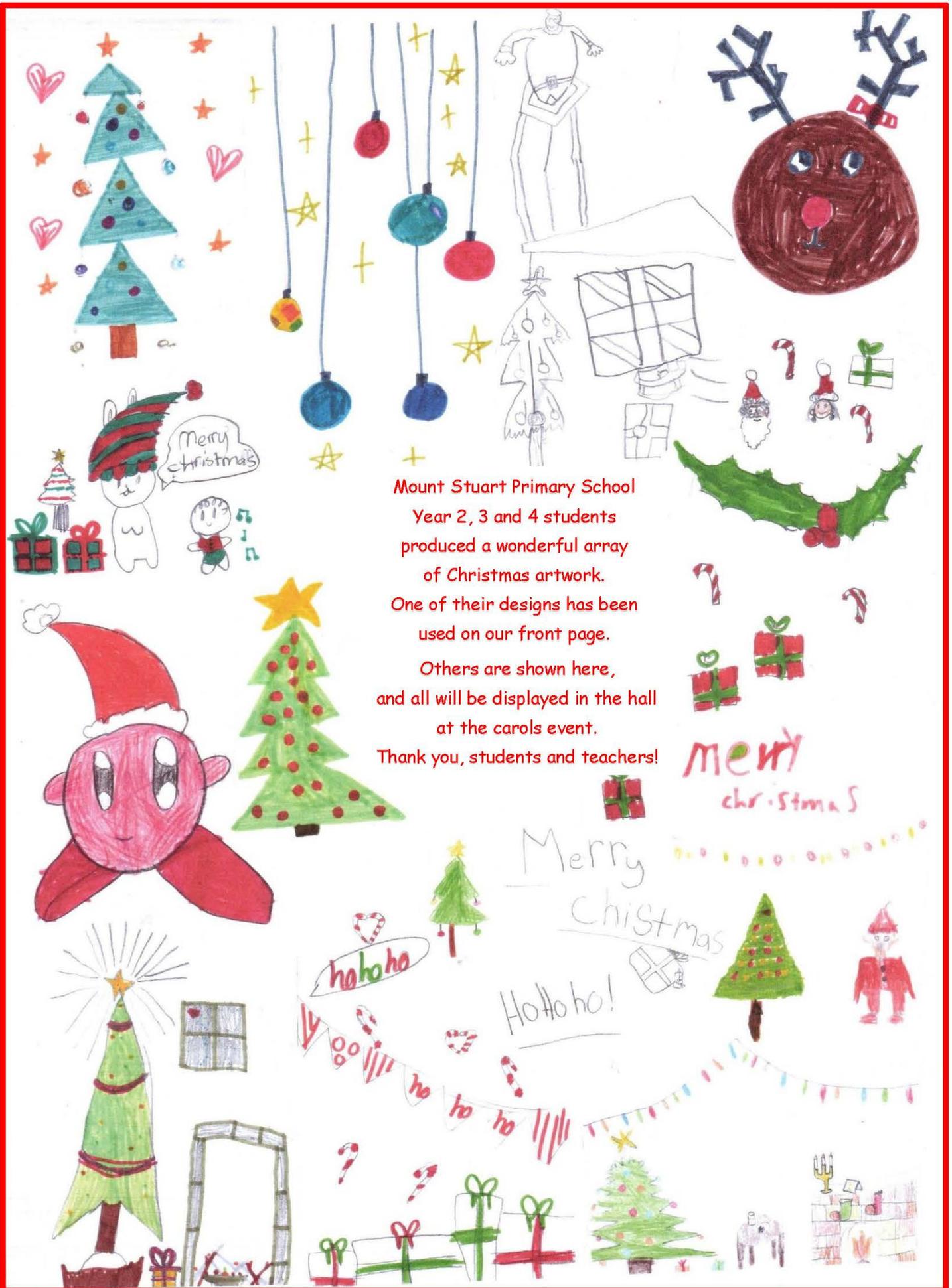
**Cr Anna
Reynolds**

*Working
for your
community*

Please call or email me if I can assist you with Council matters, and to receive my monthly community newsletter.

cr.reynolds@hobartcity.com.au
0423 222 149

Mount Stuart News is composed, printed and published voluntarily as a community service. We do our best to be accurate, but if you rely on this information you do so at your own risk.



Mount Stuart Primary School
 Year 2, 3 and 4 students
 produced a wonderful array
 of Christmas artwork.

One of their designs has been
 used on our front page.

Others are shown here,
 and all will be displayed in the hall
 at the carols event.

Thank you, students and teachers!

*merry
 christmas*

*Merry
 Christmas*

hohoho

Hohoho!